



Recommended Diet Change to Alter Nervous Behavior

- 1) Feed adequate amounts of coastal hay 2-3 times daily. Horses consume 2% of their body weight in hay per day, so an 1100 lb horse should eat 22 lbs of coastal hay daily.
- 2) Feed 1 flake of alfalfa hay once daily in the evening.
- 3) Reduce or eliminate grain based products from your horse's diet. Feed 1.5 lbs of Renew Gold daily in either one feeding or divided into 2 feedings. Initially, a small amount of grain may be added to the Renew Gold to encourage your horse to eat.
- 4) Feed a trace vitamin mineral supplement daily; such as Platinum Performance.

This diet will regulate the blood glucose surges seen with grain based diets and produce a quieter demeanor within 4-6 weeks if stringently followed.