



## Recommended Feeding Program

### Diet:

- AM:** 2 -3 flakes coastal hay  
1.0-1.5 lbs Renew Gold + 1 scoop Platinum Performance (Trace vitamin mineral supplement)
- PM:** 2-3 flakes coastal hay  
1 large flake alfalfa

(Keep in mind, this diet may be slightly altered to fit individual horses' needs)

**Coastal Hay:** Feed adequate amounts of coastal hay daily. Horses require 2% of their body weight in hay daily. For example, a 1,000 lb horse requires 20 lbs of hay consumption every day.

**Alfalfa Hay:** Feed a large flake of alfalfa hay daily in the evening, approximately 5-6 lbs. Feeding one large flake of alfalfa daily with adequate amounts of coastal will significantly improve your horses' digestion and reduce the chance of impaction related colics. Adding alfalfa to a diet that already includes grain (high in sugar and starch) may increase your horse's nervousness.

**Renew Gold:** Renew Gold is a low starch, low sugar, vegetable fat supplement that can be fed in addition to grains, or solely by itself. For most horses, 1.0-1.5 lbs of Renew Gold a day is sufficient. For horses that are in need of more calories; we suggest adding an additional grain to the daily ration. The combination of high fat stabilized rice bran, coconut meal, and flaxseed oils found in Renew Gold provide for efficient digestion that is lower in starch and sugar than grains or sweet feeds. Also, as an added bonus, the flaxseed oil also promotes a shiny, healthy coat.

Allow up to 6 weeks for horses to begin to efficiently digest and absorb the Renew Gold.

